

Building for the Future

This day care participates in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children and adults receiving day care.

Each day more than 2.6 million individuals participate in CACFP at day care homes and centers across the country. Providers are reimbursed for serving nutritious meals which meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable for low-income families.

Meals

CACFP homes and centers follow meal requirements established by USDA.

Breakfast	Lunch or Supper	Snacks (Two of the four groups:)
Milk Fruit or Vegetable Grains or Bread	Milk Meat or meat alternate Grains or bread Two different servings of fruits or vegetables	Milk Meat or meat alternate Grains or bread Fruit or vegetable

Participating Facilities

Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- **Child Care Centers:** Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers.
- **Family Day Care Homes:** Licensed or approved private homes.
- **Afterschool Care Programs:** Centers in low-income areas provide free snacks to school-age children and youth.
- **Homeless Shelters:** Emergency shelters provide food services to homeless children.
- **Adult Day Care Centers:** Licensed or approved public or private nonprofit adult care centers and some for-profit centers which provide structured, comprehensive services.

Eligibility

State agencies reimburse facilities that offer non-residential day care to the following:

- children age 12 and under,
- migrant children age 15 and younger,
- youths through age 18 in afterschool care programs in needy areas, and
- adults who are functionally impaired, or aged 60 or older.

Contact

Information

If you have questions about CACFP, please contact one of the following:

Sponsoring Organization	State Agency
Metropolitan Development Council	<i>Office of Superintendent of Public Instruction</i> <i>Child Nutrition Services</i>
721 S. Fawcett Suite 203 Tacoma WA 98402	<i>PO Box 47200</i> <i>Olympia, WA 98504-7200</i>
253-284-7865 1-800-843-9317	<i>360-725-6200</i>

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